

STAY SAFE MN



Minnesota is proud to offer free at-home COVID-19 saliva testing for people who believe they need to be tested, with or without symptoms. These tests are currently available to Minnesotans who live in:

- Aitkin County
- Becker County
- Beltrami County
- Carver County
- Cook County
- Crow Wing County
- Dakota County
- Douglas County
- Itasca County
- Kandiyohi County
- Kittson County
- Le Sueur County
- Lyon County
- Mower County
- Nobles County
- Otter Tail County
- Pennington County
- Pine County
- Red Lake Nation
- Rock County
- Steele County
- Swift County
- Wilkin County
- Wright County

At-home saliva testing will soon be available to all Minnesotans.

## Free COVID-19 Test at Home



The Minnesota Department of Health (MDH) is offering Minnesotans more and different options for COVID-19 testing. You can now order a COVID-19 saliva test online that will be shipped to your home, along with a prepaid package to return it. When you are ready to take the test, you will log onto a website and do a video visit with a health care provider so they can give you instructions and make sure you do the test the right way. You then send the test to the lab in Oakdale, Minnesota, using the prepaid package. Once it arrives at the lab, you will get your test results by email as soon as 24-48 hours.

The saliva test is just as accurate as the nasal swab test and is also used at in-person testing locations across the state.

- **The saliva tests checks whether you have COVID-19 right now** and can spread it to others. It is not an antibody test that looks for whether you have had COVID-19 in the past.
- **Both adults and children can use these tests.** An adult 18 or older must request a test for a child.
- **You can request up to five tests per household** through the website.
- **Saliva testing may not be right** for those with low saliva production, such as children under age 4 or someone who has suffered a stroke.

**Testing is free** for every Minnesotan, whether or not you have insurance. If you do have insurance, you will need to provide your information so your insurance company can pay for your test. If your insurance does not pay for COVID-19 tests or does not pay enough, the state will cover the cost. If you do not have insurance, the state will pay for your test. You will not receive a bill.

Order a free at-home COVID-19 saliva test.

[COVID-19 Test at Home:](#)

<https://www.health.state.mn.us/diseases/coronavirus/testsites/athome.html>

All Minnesotans can also visit saliva testing locations around the state.

[COVID-19 community saliva testing events:](#)

<https://www.health.state.mn.us/diseases/coronavirus/testsites/saliva.html>



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Contact [health.communications@state.mn.us](mailto:health.communications@state.mn.us) to request an alternate format.

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